



**21** DAYS *of*  
PRAYER **+**  
FASTING  
JANUARY 9-29TH





# **DAY 1**

## **EMPOWERED DISCIPLE**

### **ACTS 1:8**

*“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”*

—

**Empowered disciples! Yes, that is what YOU are! God graciously empowers His people with the supernatural capability to be His witnesses. He empowers His people to carry out His plans and purposes for their life. God empowers His people to rule with righteousness and might. He empowers His people with strength, wisdom, insight, and all that one needs to live a life of godliness. YOU are EMPOWERED!**

#### **PRAY:**

*Lord, Thank You that you have graciously empowered me with Your Holy Spirit. I recognize that this strength and supernatural ability is not of myself, but rather a gift from You. Help me to steward this (dunamis) power well and to walk in the power You have given me each and every day.*





# DAY 2

## PRAYING DISCIPLE

### ACTS 1:14

*“They all joined together constantly in prayer. . .”*

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Persistently engaging in the discipline of prayer was and is a true mark of a disciple of Christ. Praying demonstrated the disciples' confidence in the Lord. Praying displayed obedience, a form of worship, and serving God. Prayer was entered into for wisdom, seeking guidance, and requesting favor and protection from the enemy. As stated, praying was a constant in the life of the believer and this constant discipline is what God wants for each of His children.

#### PRAY:

*Father, Help me to develop and cultivate a lifestyle of prayer. Help me to be persistent in prayer both independently and corporately with other believers. Remind my soul that prayer is life-giving to myself and to others, and that prayer is a mark of obedience and is honoring to you, Lord. May I be a praying disciple!*





# DAY 3

## SPIRIT-FILLED DISCIPLE

**ACTS 2:4; 6:3, 5; 7:55**

*“Brothers and sisters, choose seven men from among you who are known to be full of the Spirit and wisdom. . . . They chose Stephen, a man full of faith and of the Holy Spirit.”*

—

Should believers be filled with the Holy Spirit? Absolutely! Believers are endowed with the Spirit at the time of regeneration and also empowered with a subsequent infilling at Spirit baptism. This is the desire of God for each and every believer. In fact, this empowerment of the Holy Spirit that we see within Stephen meant that he was obedient to the Spirit’s leading and of sufficient knowledge and wisdom to discern the will of God. May we be like Stephen—people who are full of the Holy Spirit.

**PRAY:**

*Lord, Thank You that You empower me with Your Holy Spirit to live a life on purpose for You. May I live by the Spirit, walk by the Spirit, and be led by the Spirit (Galatians 5:16–18). May I too walk in obedience to the Spirit and be able to discern Your perfect will. Grant me a fresh infilling and may I rely upon your Spirit each day.*





## DAY 4

# PROPHETIC DISCIPLE

## ACTS 2:17–18 (SEE JOEL 2:28–32)

*“In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Even on my servants, both men and women, I will pour out my Spirit in those days, and they will prophesy.”*

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This “already” and “not yet” prophecy declared by the Prophet Joel began to unfold in the midst of the people. However, the “not yet” element would surely continue to come as well. The Holy Spirit was being poured out on God’s people and the prophetic gifts were unfolding before their eyes. But God would continue to pour out His Spirit upon His people and give prophetic gifts like visions, dreams, tongues, and words of knowledge (1 Corinthians 12:7–11). The office of prophecy was not limited to the first-century Church but it continues today. Yes! God still gives prophetic gifts to His disciples.

### PRAY:

*Lord, I am taking hold of this promise You proclaimed in Your Word and I too seek the prophetic gifts that You have for me. I understand that you give these gifts for the “common good” of your people (1 Corinthians 12:7). Help me to steward these gifts well and be mindful that without love I am nothing and I gain nothing (1 Corinthians 13:1–3).*





# DAY 5

## DEVOTED DISCIPLE

### ACTS 2:42

*“They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.”*

What does devotion mean? Devotion is the act of being dedicated to a cause or person. It's deep ardent affection, adoration, love, and loyalty. The disciples were fully devoted to God and this was displayed as they devoted themselves (their whole being) to the things of Christ. Devoted to the Word. Devoted to prayer. Devoted to the Church. Devoted to one another. Devoted to God!

#### PRAY:

*Lord, I recognize that being a devoted disciple is honoring You. Father, let my life be a life that is fully devoted to You and the things of You. When the world shifts and life happens, help me not to neglect the devotion and dedication that You deserve.*





# DAY 6

## MIRACLES THROUGH DISCIPLES

### ACTS 3:6-8

*“Then Peter said, ‘Silver and gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk.’ Taking him by the right hand, he helped him up, and instantly the man’s feet and ankles became strong. He jumped to his feet and began to walk.”*

—

Peter was God’s agent to perform miracles that validated who Jesus was and that Christ was alive! Note that the power to perform the healing was not in and of Peter. God was the source of power! It was “in the name of Jesus” that the man was healed. However, Peter was the vessel through which the power flowed. We too are agents through which God’s power flows. We too have authority “in the name of Jesus” to pray for healing for others. And God still displays His power and heals!!

#### PRAY:

*Sovereign Lord, Thank You that You choose to use Your servants as agents for healing. Thank You for entrusting us to pray “in the name of Jesus” and to believe for bodies to be healed, strongholds to be broken, and lives to be delivered from the dominion of darkness today and every day. Help me to remember that the power is from You and that I am simply a vessel that Your power flows through. Help me to steward this precious privilege well.*





# DAY 7

## COURAGEOUS DISCIPLE

### ACTS 4:1-13

*“When they saw the courage of Peter and John and realized that they were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus.”*

—

Courage is not the absence of fear—it is acting despite it. It is feeling fear but deciding to conquer something bigger than one thinks. Defying the nation's leaders and standing up for the cause of Christ was normal for these two unschooled, ordinary disciples who loved the Lord. Believers can operate with this same spirit of courage regardless of the opposition coming against them. Regardless of one's education, gender, or ethnicity, God's disciples can operate from a spirit of courage. God has created us to be courageous disciples!

#### PRAY:

*Father, I praise You for creating me to be a child of courage. I thank You, Lord, that regardless of my education, social status, or ethnicity, I am Your child who operates with great courage. Help me to rise above fear when it threatens my day. Help me to remember that You are with me and because of that I can be a courageous disciple!*





# DAY 8

## UNIFIED DISCIPLE

### ACTS 4:32

*“All the believers were one in heart and mind.”*

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The Holy Spirit produces remarkable unity and love within the body of Christ. This is what we see in today’s passage. There were unified hearts to carry out the plans of God. This unity and love produced generosity with an others-focused mentality. Disciples shared with one another, not out of obligation, but rather out of love and their unity in Christ. Unity within the body is still at the heart of God and He is looking for His disciples to also be unified in heart and mind.

#### PRAY:

*Lord, I recognize that unity within the body of Christ is essential as Your Word declares that “we are members of [your] body” (Ephesians 5:30). I choose today, and each day going forward, to be intentional about walking in love and unity with my brothers and sisters in Christ. Help me to cultivate the spirit of unity within my heart so that I can bring glory to Your name.*





# DAY 9

## HONEST DISCIPLE

### ACTS 5:3-4

*“Then Peter said, ‘Ananias, how is it that Satan has so filled your heart that you have lied to the Holy Spirit. . . . You have not lied just to human beings but to God.’”*

—

“Lying lips are an abomination to the Lord” and unfortunately lying was in the heart of Ananias (Proverbs 12:22, NKJV). In fact, Peter stating that Satan had filled Ananias’ heart implied that Ananias was being influenced by and operating under the power of Satan and not by the power of the Holy Spirit. But God desires differently for His disciples. He desires that His disciples walk in honesty and with integrity—both of which please Him. “But those who deal truthfully are His delight” (Proverbs 12:22). Honesty is an essential characteristic of a disciple of God.

#### PRAY:

*Father, Forgive me when I have acted dishonestly in any way. Refine and transform my heart so that I would be filled and influenced by Your Holy Spirit and not by the spirit of Satan. Help me to speak and act truthfully in all my ways. May I be counted as an honest disciple.*





# DAY 10

## MIRACULOUS DELIVERANCE FOR DISCIPLES

### ACTS 5:17–25

*“But during the night an angel of the Lord opened the doors of the jail and brought them out.”*

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Chains and prison walls cannot thwart the power of God. Neither can disease, famine, or sickness confine and limit His people. We see the hand of God working through the means of His angels to bring deliverance to His disciples. Whether we are in grave situations; in bondage to addictions; consumed by fear; or paralyzed with problems, we must remember that God is a God of miracles. He can and will open the doors and bring us out of that which tries to confine us.

#### PRAY:

*Lord, Your name is Deliverer and deliverance is what You major in! Help me to remember that as your child You are always working out good for me. I can trust that whenever I am behind prison walls You can send your angels to open the doors and lead me out. Thank You, Lord, that the hands of men cannot stop the power of God.*





## DAY 11

# OBEDIENT DISCIPLE

**ACTS 4:18–20; 5:29–31; 9:11–17**

*“The Lord told him, ‘Go to the house of Judas on Straight Street and ask for a man from Tarsus named Saul’ . . . ‘Lord,’ Ananias answered, “I have heard many reports about this man and all the harm he has done to your holy people in Jerusalem’ . . . But the Lord said to Ananias, ‘Go!’”*

—

At times God will call us to do challenging things, to go to challenging places, or speak up in challenging situations. Despite it going against logic, just as Ananias was courageously obedient, we too must be obedient. God’s Word says, “Does the Lord delight in burnt offerings and sacrifices as much as in obeying the LORD? To obey is better than sacrifice” (1 Samuel 15:22). God calls His disciples to obedience every moment, every day, and in every way.

### PRAY:

*Prayer: Lord, Forgive me when I have been disobedient to Your Word and Your direction. I choose today to be intentionally obedient to Your voice and instruction for my life. Holy Spirit, gently nudge me when I fall short in obedience and kindly lead me back to You.*





# DAY 12

## CHOSEN DISCIPLE

**ACTS 9:15**

*“Go! This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel.”*

—

**Disciple of God: You are chosen by the King. You are chosen by the King for a divine purpose. Just as Paul was seen as an unlikely candidate to be used by God, you too might feel that you have nothing to offer. Paul had persecuted the Church and many died with his approval—yet God chose Paul! Yes, God chose Paul and God chooses YOU! God chooses the weak things, or the things that are not, to be used for His purpose (1 Corinthians 1:27–28).**

**PRAY:**

*Sovereign Lord, Thank You for choosing me! Thank You that You have seen me and have chosen me to do great things. Thank You, Lord, that despite my past, failures, and sin, You see me as beautiful and You call me chosen. As Your chosen disciple, I choose You today and I choose to carry out Your purpose for my life!*





# DAY 13

## GOD-FEARING DISCIPLE

### ACTS 10:2

*“He and all his family were devout and God-fearing; he gave generously to those in need and prayed to God regularly.”*

—

Cornelius was a man who feared God, who honored and revered the Lord. This included accepting and upholding the moral and ethical teachings of the Lord—God’s Word. Likewise, as disciples of God, we are called to uphold and honor the full council of His Word. Even the Truth within the world that man tries to redefine or remove. As Scripture states, “The fear of the Lord is the beginning of wisdom” (Proverbs 9:10).

#### PRAY:

*Lord, I ask that You would forgive me when I have not lived in the fear of You and the fullness of Your council. Help me today, and each day going forward, to be mindful to honor You and Your Word. I know that living in the fear of You does not mean I have to be afraid, but rather that I uphold You with the highest honor. Thank You that You are transforming me to be a disciple who walks in the fear of the Lord.*





# DAY 14

## IMPARTIAL DISCIPLE

**ACTS 10:34–36**

*“Then Peter began to speak: ‘I now realize how true it is that God does not show favoritism but accepts from every nation the one who fears him and does what is right.’”*

—

God does not discriminate against people and neither should His disciples. It was here that we see God teaching the importance of breaking through the barriers of prejudices and accepting all people from every tribe and nation. Ethnicity, gender, social status—these things should not keep us from loving people and extending God’s grace and kindness. As God is impartial and doesn’t show favoritism, may it be in the heart of each and every one of His disciples.

**PRAY:**

*God, Thank You that Your Word explicitly teaches the importance of impartiality and taking on a posture of acceptance to all mankind.*

*Forgive me when I have shown favoritism and help me to extend the same grace and acceptance to all people, just as You have extended this to me. May I be an impartial disciple who loves all people.*





# **DAY 15**

## **MISSIONAL DISCIPLE**

### **ACTS 13:2–3**

*“Set apart for me Barnabas and Saul for the work to which I have called them.’ So after they had fasted and prayed, they placed their hands on them and sent them off.”*

—

God commissioned Paul and Barnabas to take on the first missionary assignment and were sent to go take the gospel to other parts of the world. Missionaries are essential in the Church and each of us is called to live “missional” lives in some form. Perhaps your mission field is within the states, or perhaps it is crossing the globe as these two apostles did. Where would God send you? Are you living a missional life as God calls His disciples to live?

#### **PRAY:**

*Lord, I understand that missional living is not optional for Your children. Help me to pause and listen to Your voice as You instruct me when and where I should go. Help me to follow through in obedience and share Your good news with a world that so desperately needs it. Lord, make me a missional disciple!*





## DAY 16

# FORGIVEN & JUSTIFIED DISCIPLE

## ACTS 13:38–39

*“Therefore, my friends, I want you to know that through Jesus the forgiveness of sins is proclaimed to you. Through him everyone who believes is set free from every sin, a justification you were not able to obtain under the law of Moses.”*

—

Forgiveness and justification are granted through faith to the believer not by works or by keeping the law. Scripture says, “It is by grace you have been saved, through faith” (Ephesians 2:8). Paul taught that forgiveness means the legal penalty of one’s sin is canceled. One can stand justified before God, or stand right with God, just as if they hadn’t sinned. When the enemy tries to condemn you of your past sins, remind him that you are a forgiven and justified disciple of the Lord Most High!

### PRAY:

*Jesus, Thank You that You paid the price for my sins, nailing them to the cross. Thank You that I now stand in Your righteousness before the Father. Help me to be mindful of the forgiveness of sins and that I now stand right before You. When the enemy or the world condemns me, may I be mindful that I am a forgiven, justified disciple.*





# **DAY 17**

## **MIRACLE OF SALVATION**

### **ACTS 13:48**

*“When the Gentiles heard this, they were glad and honored the word of the Lord; and all who were appointed for eternal life believed.”*

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Healings and miracles line the pages of the Book of Acts and the Word of God as a whole. Crippled men walk! Demonized people delivered! Blind eyes see! Deaf ears hear! However, the greatest miracle this side of heaven is the miracle of salvation! When hearing the Word of God as Paul preached, people’s lives were radically changed and God took and regenerated a dead heart and made it alive. Salvation is the greatest miracle that stands above all the others!

#### **PRAY:**

*Sovereign Lord, Thank You for the miraculous gift of salvation! Thank You that You saved me from eternal separation from You and that You still save today. May I be like Paul and share the good news of Jesus so that others may be reconciled back to You and receive the gift of life!*





# **DAY 18**

## **EVANGELISTIC DISCIPLE**

### **ACTS 14:21-22**

*“They preached the gospel in that city and won a large number of disciples. Then they returned to Lystra, Iconium and Antioch, strengthening the disciples and encouraging them to remain true to the faith.”*

—

At some point in time someone shared the gospel message with you. Someone preached the good news and you came to saving faith! That is the heart of evangelism—to share God’s love. It’s to announce the good news of Jesus Christ, that God loved so much that He gave His one and only Son to take our place (John 3:16). Evangelism is the heart of God because He wishes that no man would perish. Ask God to open doors for you to share the Good News with people and become an evangelistic disciple.

**PRAY:**

*Lord, Open my eyes to see the world around me and the people who need to hear the good news of Your Son, Jesus! Grant me grace and boldness to share the message of faith so that many will be added to the family of God. Father, I want to become a disciple who evangelizes the world!*





# **DAY 19**

## **ENCOURAGING DISCIPLE**

### **ACTS 15:30–32**

*“The men were sent off and went down to Antioch, where they gathered the church together and delivered the letter. The people read it and were glad for its encouraging message. Judas and Silas, who themselves were prophets, said much to encourage and strengthen the believers.”*

—

**We can all use encouragement from time to time. In fact, we can use encouragement on a daily basis. God’s apostles recognized that the people in the Church needed encouragement and they gave it. All throughout Scripture one can see that God calls His children to be an encouragement to one another. Times can be hard. The brokenness of the world can be challenging. Be the encouraging disciple that God desires you to be.**

#### **PRAY:**

*Lord, Thank You that Your Word and truth edify and encourage my soul. May I have eyes to see those who are in need of encouragement and be that source of love for them. Help me to exercise the gift of encouragement daily so that I can be found as an encouraging disciple for Your glory.*





# DAY 20

## DISCERNING DISCIPLE

### ACTS 16:16–18

*“We were met by a female slave who had a spirit by which she predicted the future. . . . She followed Paul and the rest of us, shouting, ‘These men are servants of the Most High God, who are telling you the way to be saved.’ She kept this up for many days. Finally Paul became so annoyed that he turned around and said to the spirit, ‘In the name of Jesus Christ I command you to come out of her!’ At that moment the spirit left her.”*

—

Paul was confronted with a demon-possessed girl. As he discerned the spirit within the girl, he was able to command it to depart from her in the name of Jesus. It was the gift of discernment, given by the Holy Spirit, that enabled Paul to respond accordingly. Having a discerning spirit is a gift from God in which He helps you to understand or perceive things that are going on around you. Discernment is a vital gift for God’s disciples to walk in. Pray that He would grant you a discerning spirit.

#### PRAY:

*Father, I am mindful that You give good gifts from above. I seek the gift of discernment for my life so that I may understand and perceive things that are going on around me. I understand this is a spiritual gift and that I am called to use my gifts effectively to edify the body of Christ. Lord, help me to be a discerning disciple.*





# DAY 21

## GENEROUS DISCIPLE

### ACTS 20:35

*“In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: ‘It is more blessed to give than to receive.’”*

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God is good at giving! It is God who gave His Son. It is God who gives good gifts. It is God who gives grace and the forgiveness of sins. It is God who gives us strength. It is God who gives love. It is God who supplies all our needs. God is good at giving!

#### PRAY:

*Lord, Thank You that You are a generous God.*

*Thank You that generosity is part of Your nature. Help me to consider those in need and to take action. May I be a generous disciple and remember the words of Jesus: “It is more blessed to give than to receive.”*

